

Counselling Skills For Dummies 2nd Edition

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At fourteen I suffered from a colonic disease and had something attached to my side that I was shy about. It's gone now, but at 30 I'm still a virgin. I recently decided to explore dating ads and ...

Does a Thirty-Year-Old Virgin Need Counseling?

The Second Lady, Mrs Samira Bawumia, through her 'Samira Empowerment and Humanitarian Project (SEHP), a not-for-profit organization, is building the capacities of young women with self-employable ...

Second Lady empowers young women with employable skills in fashion

The second thing to do ... You might feel like not being able to access counselling is a hindrance for you, but actually, being able to build skills to help yourself look after your mental ...

Mental health support: a therapist's methods for dealing with personal trauma if you can't access counselling

Basic Education Equivalency Programme (BEEP) facilitators received training to provide career counseling to the young learners they work with.

BEEP facilitators to provide career counseling to young learners

For people with schizophrenia, the ability to pursue employment and be financially stable provides a measure of autonomy.

Workplace support is a basic need for women fighting schizophrenia

Everyone wants to realize their dream careers, live a life filled with purpose, and enjoy what they do, and career counseling in schools as support platform is second to none in helping students ...

The importance of career counselling in schools: All you need to know from the expert

May is Mental Health Awareness month and an opportunity to highlight the importance of focusing on the overall health and well-being of individuals and families aboard Marine Corps Logistics Base ...

May - Mental Health Awareness Month - Reach out for help

After being initiated on ART, the nurse took me through adherence counselling, and I was handed to the point of contact (POC) — a Pathways volunteer stationed at the clinic for continued adherence ...

Pathways ensures better times ahead for future generations

The introduction of the Competency-Based Curriculum (CBC) to replace the 8-4-4 system has, as is usual with such wholesome changes.

Will scrapping education degrees champion cause for CBC system?

Carissa Martin's 20-plus-year vision to help girls struggling with life-controlling issues is about to be fulfilled at Monarch's Way.

Monarch's Way school and home for girls is about to take flight

The experiment found that these dogs helped sharpen the cognitive skills ... things like peer counseling or learning about stress relief techniques such as meditation. In the second group, the ...

Benefits of Petting a Therapy Dog Last for Weeks After Cuddle Sessions, Study Finds

Last week she shared tools for anxiety, depression, and counseling. Now, in the second part of this series ... and podcast-style lessons to develop skills - to gain focus, reduce stress, and ...

Need help relaxing? These free meditation & mindfulness apps can help

The Talk it Out clinic, a partnership between U of T's Factor-Inwentash Faculty of Social Work and community agencies, offers free online or phone counselling to GTA residents ... populations," says ...

Talk it Out: U of T students provide free mental health counselling through online clinic

PRNewswire/ -- goimagine, the first online marketplace to donate 100% of profits to charity, announces the selection of Relief Nursery as the second charity partner to ...

goimagine Partners With Horizons For Homeless Children And Relief Nursery As The First Online Marketplace To Donate 100% Of Profits To Charity

We've been reporting on the epidemic of teenagers addicted to vaping. There have been very few actual programs aimed at intervening after a teen is hooked. Researchers at Yale have started a ...

Researchers at Yale kickstart program with some incentives for teens to quit vaping

"The shelter will offer psychological support through counselling, skills developments and we hope to empower the women to become financially sustainable in society so that they can be able to ...

Safe haven for vulnerable women and children re-opened

The Jack Green Counseling Center will be named for the second president and CEO of STCH ... those finishing their graduate degree learn the skills needed to be effective counselors and how to ...

STCH to open Jack Green Counseling Center in new building

The organization provides professional clothing, image counseling and training for job seekers in the Miami Valley. The nonprofit also conducts educational workshops to improve interview skills ...

Clothes That Work needs clothing, accessories for men and women

Suicide is the second-leading cause of death among people ... injuries and accidents if the person does not have adequate coping skills and/or a good support system. It can also take a toll ...

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