

Ikigai

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Ikigai

Ikigai (????, pronounced [iki?ai]) is a Japanese concept that means "a reason for being." The word "ikigai" is usually used to indicate the source of value in one's life or the things that make one's life

worthwhile.

Ikigai - Wikipedia

The term ikigai is composed of two Japanese words: iki referring to life, and kai, which roughly means “the realisation of what one expects and hopes for”. Unpacking the word and its associated symbol a bit further, ikigai is seen as the convergence of four primary elements:

Ikigai - Your Reason for Being - UPLIFT

Ikigai: The Japanese Secret to a Long and Happy Life Might Just Help You Live a More Fulfilling Life In Japan, millions of people

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have ikigai (pronounced Ick-ee-guy) - a reason to jump out of bed...

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Ikigai is a Japanese concept that translates to "reason for being." Here's how I found mine, and what it meant for my life as an entrepreneur.

How To Find Your Ikigai And Transform Your Outlook On Life ...

In Japan, a concept called ikigai is central to finding one's satisfaction and meaning in life. In fact, ikigai translates to "reason

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for being.” Interestingly, ikigai is certainly not tied just to financial status. It’s more about what puts a smile on your face when you wake up in the morning and keeps you motivated.

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