

Successful Aging Through The Life Span Intergenerational Issues In Health

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Successful Aging Through The Life

For anyone who is approaching a 65th birthday with trepidation, this valuable book offers heartening advice on navigating the later years of life. Dr. Eric ...

Winning Strategies for Successful Aging

We at the Post Independent are happy about the response to the Adventures in Aging ... successful second and third acts of life. And you may become part of a bigger movement: All of us — individuals, ...

Successful Aging: We're in this together

One Man's Search for Cosmic Magic and a Purposeful Life,' gerontologist Ken Dychtwald shares tips on how to live fully.

All you need to know about getting older starts with the A,B,Cs — always be curious

A small but mighty "Department of Future Aging" empowers seniors to stay independent and active, and provides support to people with dementia and their families.

Is This the World's Most Aging-Friendly City?

According to the Wyoming State Library Division, 15 Wyoming libraries will soon offer arts-based programming to enrich the lives of older adults in their respective communities.

Albany County Public Library receives creative aging grant

Longevity biotechnology is the in industry of the future and just like in physics or math, some students are planning a career in aging research from a very early age. Learn from the high school ...

High School Students Preparing To Join The Fight Against Aging

and behaviors for aging well, and lifestyle changes that will help people to stay healthier across life span and in old age. Written by leading scholars from various academic disciplines, the chapters ...

The Cambridge Handbook of Successful Aging

Today, the University of Alabama at Birmingham and Protective Life Corporation announce a partnership that will advance the science of healthy aging. Pending approval of the University of Alabama ...

Protective Life Teams With University To Research Healthy Aging

Summit Vista is a Life Plan Community that opened three years ago in Taylorsville. It is the first Life Plan Community in the state of Utah, which is an innovative type of retirement community ...

Empowered aging sets seniors up for success in their freedom years

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Research on Healthy Aging Flourishes With New Partnership Between Protective Life Corporation and UAB

I met Dr. Manson Brown for the first time through the ... talking about Aging and the impact of immunosenescence - focusing on COVID-19. The event was an outstanding success and was the product ...

Women In Longevity – Bringing Science Of Aging To Aesthetic Medicine Dr. Stephanie Manson Brown

On the way home from work, I'll ride around my block with the wind whipping through my swaggering white ... The paradoxes in life still intrigue me. Recently at Kroger's, I was dispatched ...

The paradoxes of life through the eyes of an aging baby boomer

Photo by Kevin O'Connor/VTDigger Their public question is provocative: "What do Vermonters need to do in the next three years to be successful for the next generation?" That's why the ...

'Vermont Proposition' project is an effort to plan the state's future

Now in its 10th year, each May, the Aging Life Care Association® celebrates ... business and ethical issues through webinars and conferences. This year during the 37th Annual Conference (4/21-24 ...

Aging Life Care Association® Celebrates 10th Annual National Aging Life Care™ Month this May

About Assured Allies Assured Allies is on a mission to help people make the most out of life ... support successful aging. The Age Assured program is offered at no cost to individuals through ...

LTCG and Assured Allies Form Strategic Alliance to Launch Solutions for Independent Aging and Wellness in the Long Term Care Insurance Industry

Assured Allies is on a mission to help people make the most out of life by aging on their ... insurance companies to better support

successful aging. The Age Assured program is offered at no cost to ...

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